

Throwback Swing

Count: 32 Wall: 4 Level: Absolute Beginner

Choreographer: Glynn "Applejack" Rodgers – July 2017

Music: Throwback Love – Megan Trainor



Alt. music:-

You Don't, You Won't – Billy Gilman

Vem Vet – Kikki Danielsson

I Might – Shakin' Stevens

Phrasing: No Tags or Restarts
(Floorsplit for Throwback love)

[1-8] Point Out-In-Out, Weave Left.

- 1-2 Point right to right side, touch right beside left.
 - 3-4 Point right to right side, hold (or kick right foot to diagonal).
- Easier Tap right toe to right side, hold. Tap right toe to right side, hold.**
- 5-6 Cross right behind left, step left to left side.
 - 7-8 Cross right over left, hold.

[9-16] Point Out-In-Out, Weave Right.

- 1-2 Point left to left side, touch left beside right.
 - 3-4 Point left to left side, hold (or kick left foot to diagonal)
- Easier Tap left toe to left side, hold. Tap left toe to left side, hold.**
- 5-6 Cross left behind right, step right to right side.
 - 7-8 Cross left over right, hold.

[17-24] Sugarfoot Right & Left.

- 1-2 Touch right toe to left instep, dig right heel slightly forward.
- 3-4 Stamp forward right, hold.
- 5-6 Touch left to left right instep, dig left heel slightly forward.
- 7-8 Stamp forward left, hold.

[25-32] Step, Clap, Pivot ¼ Turn, Clap, Side Clap, Side Clap.

- 1-2 Step forward right, clap hands forward.
- 3-4 Pivot ¼ left, clap hands to left side.
- 5-6 Step right to place, clap hands to right side.
- 7-8 Step left to place, clap hands to left side.

Easier All claps can be done centralised rather than side to side.

Note Although I have said to step to place on counts 5&7, it should be more of a rocking motion from side to side once the dancer is comfortable with the dance.