



Twist With The Fat Boys

Phrased, 80 count, 4 wall, intermediate level line dance
Choreographers: Roy Verdonk & Wil Bos (NL) Nov 2010
Choreographed to: The Twist by Fat Boys & Chubby Checker
Intro: 16 counts (start counting after the word "twist")
Sequence – ABB-ABB-ABB-AB-A-A-A till end

Part A

Pulp Vision With Heel Bounces, Sailor Step R, Sailor Step L

1-2-3-4 Move right hand from left to right in front of eyes to right while bouncing right heel
5&6 Cross RF behind LF, step LF to left side, step RF to right side
7&8 Cross LF behind RF, step RF to right side, step LF next to RF

Heel Toe Swivel X 3, Clap, Toe Strut R, Toe Strut L

1-2-3-4 Swivel heels left, swivel toes left, swivel heels left, clap
5-6 Step forward on right toes, step down on right heel
7-8 Step forward on left toes, step down on left heel

Step Forward R, ½ Turn L X 2, Stomp forward R, Swivel L Heel, Toe, Heel

1-2 Step RF forward, ½ turn left
3-4 Step RF forward, ½ turn left
5-6-7-8 Stomp RF forward, swivel heel LF inwards to RF, swivel toes LF inwards to RF,
swivel heel LF inwards to RF

Out L, Out R With Clap, In R, In L with Clap, Stomp Forward R, Bounce L and R ¼ turn L with Chicken Head!

&1-2 Jump out forward RF, jump out forward LF to left side (feet shoulder width apart),
clap
&3-4 Jump in back RF, jump in back LF (feet together), clap
5-6-7-8 Stomp RF forward, bounce on both heels ¼ turn left while nodding head forward,
back

Cross R, Point L, Cross L, Point R, Close, Stomp Forward L, Hold X 3

1-2 Cross RF over LF, point toes LF to the left side
3-4 Cross LF over RF, point toes RF to the right side
&5 Close RF next to LF, stomp LF forward,
6-7-8 Hold for 3 counts



Close L, Step R, ½ Turn Left in 7 counts walking with wobbling knees!

- &-1 LF beside RF, step RF forward,
2-8 Walk in seven counts a ½ turn left, pushing knees in and out.(weight ends on LF)

Part B

Step R with Hip Bump R X 2, Step L with Hip Bump left X 2, Hip Roll anti clockwise

- 1-2 Step RF to the right side and bump right hip to the right x 2
3-4 Bump left hip to the left x 2
5-6-7-8 Roll hips in a circle 2 times anti clockwise

Rolling Vine R, Clap, Rolling Vine L, Clap

- 1-2 ¼ turn right step RF forward, ½ right step LF back
3-4 ¼ turn right step RF to right side, clap
5-6 ¼ turn left step LF forward, ½ turn left step back on RF
7-8 ¼ turn left step LF to left side, clap

Slow Diagonal Right Shuffle Forward, Hold, Slow Diagonal Left Shuffle Forward, Hold

- 1-2-3-4 Step RF forward to right diagonal, close LF next to RF, step RF forward to right diagonal, hold
5-6-7-8 Step LF forward to left diagonal, close RF next to LF, step LF forward to left diagonal, hold

Hand movements; On count 1-3-5-7 when stepping forward use hands like pulling body forward

Jazz Box Cross ¼ Turn R, Diagonal Hand Push Forward with Hip Bump Backwards x 2

- 1-2 Cross RF over LF, ¼ right step back on LF
3-4-& Step RF to right side, cross LF over RF, step RF to the right side
5 Push both hands left forward diagonal while pushing bum backwards right (stretch knees R & L backwards)
6 Recover RF & LF center
&-7 Take weight on left and push both hands right forward diagonal while bum goes backwards left (stretch knees R & L backwards)
8 Recover RF & LF center