



Prison Break

Description: 64 count, 4 wall, beginner/intermediate
Choreographed by: Rachael McEnaney
Choreographed to: Jailhouse Rock by The Blues Brothers

HEEL-STRUT, ROCK STEP, HEEL-STRUT, ROCK STEP

- 1-4 Touch right heel forward, drop right toe to floor taking weight, rock left to left side, recover to right (12:00)
5-8 Touch left heel forward, drop left toe to floor taking weight, rock right to right side, recover to left (12:00)

CROSS, HOLD, BACK, SIDE CROSS, HOLD, ROCK STEP ¼ TURN

- 1-4 Cross right over left, hold, step left back, step right to right side (12:00)
5-8 Cross left over right, hold, rock right to right side, recover to left making ¼ turn left (9:00)

STEP, HOLD, STEP, ½ PIVOT TURN RIGHT, STEP, HOLD, RUN X 2

- 1-4 Step forward on right, hold, step forward on left, pivot ½ turn right (3:00)
5-8 Step forward on left, hold, step forward on right, step forward on left (3:00)

STEP, TOUCH X 2, ROCK FORWARD, RECOVER, RUN BACK X 2

- 1-4 Step forward on right, touch left next to right, step forward on left, touch right next to left (3:00)
5-8 Rock forward on right, recover onto left, step right back, step left back (3:00)

BIG STEP BACK, HOLD/ DRAG, BACK ROCK, RECOVER, TOE STRUT X 2

- 1-4 Take big step right back, hold, rock left back, recover onto right (3:00)
5-8 Touch left toe forward, drop left heel to floor taking weight, touch right toe forward, drop right heel to floor (3:00)



LINDY ROCK, RECOVER, KICK, STEP, LINDY ROCK, RECOVER, KICK, STEP

- 1-2 Rock left back (angle body to right diagonal), recover onto right (4:30)
- 3-4 Kick left to right diagonal step in place and slightly forward on left (4:30)
- 5-6 Rock right back (angle body to left diagonal), recover on left making ¼ turn left (face front) (1:30)
- 7-8 Kick right foot forward, step in place on right (12:00)

DIAGONAL STEP, TOUCH IN, OUT, IN, DIAGONAL STEP, TOUCH IN, OUT, STEP TOGETHER

- 1-4 Step left to left diagonal, touch right next to left, touch right to right side, touch right next to left (12:00)
- 5-8 Step right to right diagonal, touch left next to right, touch left to left side, step left next to right (12:00)

KICK, BEHIND-SIDE-CROSS X 2 (2nd WITH ¼ TURN RIGHT)

- 1-4 Kick right to right diagonal, cross right behind left, step left to left side, cross right over left (12:00)
- 5-8 Kick left to left diagonal, cross left behind right, make ¼ turn right stepping forward right, step forward left (3:00)

REPEAT