



## Nu Flow

Description: 40 count, 2 wall, intermediate  
Choreographed by: Masters In Line  
Choreographed to: Nu Flow by Big Brovaz  
Start dance on count 32 into the music

*Dance starts on last count of the dance as shown below*

### **KICK, BALL-STEP, TOUCH, CROSS, SWITCH & SWITCH, ½ TURN TOUCH, POINT**

8&1 Kick right foot forward, step right foot next to left, step left foot forward  
2-3 Touch right toe to right side, cross right foot in front of left  
4&5 Touch left toe to left side, step left foot next to right, touch right toe to right side  
6-7 Pivot a ½ turn right bringing right foot next to left, touch left toe to left side  
8 Touch left toe across in front of right

### **& STEP, CROSS ½ TURN, STEP, TOUCH, ½ TURN, TOUCH, STEP**

&1 Step left foot to left side, step right foot to right side  
2-3 Cross left foot over right, step right foot back making ¼ turn left  
4-5 Step left foot to left side making ¼ turn left, touch right toe to right side  
6-7 Step right foot forward making ¼ turn right, making a ¼ turn right touch left toe to left side  
8 Step left foot forward making ¼ turn left

### **FULL TURN, STEP ½ TURN, & HEEL, HOLD, & TOGETHER, HOLD**

1-2 Making ½ turn left step back on right foot, making a ½ turn left step forward on left foot  
3-4 Step forward on right foot, pivot ½ turn left (weight ends on left foot)  
&5-6 Step back on right foot, touch left heel to left diagonal, hold  
&7-8 Step left foot to left side, step right foot together, hold



**& SIDE, CROSS, SIDE, BEHIND, TOUCH, HITCH, SIDE, TWIST**

- &1-2 Step left foot to left side, step right foot to right side, cross left foot over right  
3-4 Step right foot to right side, cross left foot behind right  
5-6 Touch right toe to right side, hitch right knee beside left leg  
7-8 Step right foot to right side, twist both heels to the left so your body turns  $\frac{1}{4}$  turn right

**HITCH, STEP BACK,  $\frac{1}{4}$  TURN, BUMP, BUMP, 1 &  $\frac{1}{4}$  TURN LEFT**

- 1-2 Hitch left knee beside right leg, touch left toe back  
3-4 Make a  $\frac{1}{4}$  turn left bumping hips to left, bump hips to right  
5-6 Making a  $\frac{1}{4}$  turn left step left foot forward, pivoting a  $\frac{1}{2}$  turn left step back on right foot  
7 Making a  $\frac{1}{2}$  turn left step forward on left foot

*Count 40 begins the dance again with the right kick forward*

**REPEAT**