



# Irish Stew

Description: 32 count, 4 wall, beginner/intermediate line dance  
Choreographed by: Lois Lightfoot  
Choreographed to: Irish Stew by Sham Rock, Women Rule The World by Lonestar  
**Start dancing on lyrics**

## **SIDE-SWITCHES, CLAP TWICE, HEEL-SWITCHES FORWARD, CLAP TWICE**

- 1& Touch right toe to side, step right together
- 2& Touch left toe to side, step left together
- 3&4 Touch right toe to side, clap, clap
- 5& Touch right heel forward, step right together
- 6& Touch left heel forward, step left together
- 7&8 Touch right heel forward, clap, clap

## **SHUFFLE FORWARD, ROCK-RECOVER, COASTER-SHUFFLE, STEP ½ TURN**

- 1&2 Step right forward, step left together, step right forward
- 3-4 Step/ rock left forward, recover onto right
- 5&6 Step left back, step right together, step left forward
- 7-8 Step right forward, turn ½ left (*weight to left*)

## **RIGHT CROSS-ROCK, CHASSE SIDE, LEFT CROSS-ROCK, CHASSE SIDE**

- 1-2 Cross and step/ rock right over left, recover onto left
- 3&4 Step right to side, step left together, step right to side
- 5-6 Cross and step/ rock left over right, recover onto right
- 7&8 Step left to side, step right together, step left to side

## **TOE-TOUCHES, SAILOR-SHUFFLE, TOE-TOUCHES, SAILOR-SHUFFLE ¼ TURN LEFT**

- 1-2 Touch right toe forward, touch right toe to side
- 3&4 Cross right behind left, step left to side, step right to side
- 5-6 Touch left toe forward, touch left toe to side
- 7&8 Cross left behind right, turn ¼ left and step right to side, step left to side

## **REPEAT**