



Inside Out

Description: 32 count, 4 wall, intermediate
Choreographed by: Kim Ray (March 2008)
Choreographed to: On The Outside by Roch Voisine (80 bmp)
Start dancing on lyrics

CROSS ROCK/RECOVER, BALL CROSS, STEP SIDE, BACK CROSS, COASTER CROSS, CROSS

1-2 Cross rock/lean right over left, recover back to left
&3-4 Step right slightly back & cross left over right, step right to right side
&5-6 Facing left diagonal: step left back, cross right over left, step left back
&7-8 Straightening up: step right back, cross left over right, cross right over left

(7-8; traveling forward)

TRIPLE ½ TURN RIGHT, ROCK/RECOVER ¼ TURN LEFT, ROCK/RECOVER ½ TURN RIGHT, FULL TURN RIGHT

1&2 Stepping left, right, side left - ½ turn right

Restart here on wall 4

3&4 Rock right back, recover on left, ¼ turn left stepping right to right side
5&6 Rock left back, recover on right, ½ turn right stepping left in place
7&8 Triple fully turn right stepping, right, left, right

BALL STEP FORWARD, RUN FORWARD, ROCK/RECOVER, COASTER CROSS, ROCK & CROSS

&1 Step left slightly forward, step right forward
2& Small step/run left forward, small step/run right forward
3-4 Rock/lean left forward, recover on right
5&6 Step left back, step right back, cross left over right
7&8 Side rock right, recover on left, cross right over left



**BALL ½ TURN & SIDE STEP, & CROSS & ROCK/RECOVER, BALL CROSS UNWIND,
BALL CROSS UNWIND**

- &1 ¼ turn right stepping left back, ¼ turn right stepping right to right side
2&3 Cross left over right, step right to right side, cross rock/lean left over right
4 Recover right back
&5 Step left to left side, cross right over left
6 Unwind full turn left finishing with weight on right
&7 Step left to left side, cross right over left
8& Unwind full turn left finishing with weight on right, step left to left side

(steps &5 to 8& are traveling to left side)

RESTART

Restart after count 10 on wall 4

REPEAT