



# Easy Does It

Description: 16 count, 4 wall, beginner line dance  
Choreographed by: Cato Larsen  
Choreographed to: The Anthem by NG3

## **WALK FORWARD, MAMBO ROCK, POINT, ¼ TURN, HEAD TURN, TOGETHER, SIDE**

- 1 - 2            Step forward on right, step forward on left  
3 & 4           Step forward on right, rock (recover) back onto left, step back on right  
5 - 6           Point left toe back, pivot body (not the head) ¼ turn left  
7 & 8           Turn head ¼ turn left, step right beside of left, step left to left side

## **BACK, TAP, FORWARD, OUT, PUNCH ARMS FORWARD, PELVIC THRUSTS**

- 1 - 2            Step back on right, tap left toe to floor in front

*Arms: punch left arm straight forward, sweep right arm over your head as if you are combing your hair with your fingers*

- 3 - 4            Step forward on left, step right slightly to right side  
5 - 6            Reach forward with left arm, reach forward with right arm (*as if you were grabbing the hips to the person in front of you*)  
7 - 8            Push hips forward & back twice

**REPEAT**