



Dizzy

(aka. Redneck Shuffle)

Description: 32 count, 4 wall, intermediate line dance
Choreographed by: Jo Thompson
Choreographed to: Dizzy by Scooter Lee

ROCK, STEP, COASTER STEP, STEP, TURN ½, STEP, TURN ½

- 1 - 2 Rock right forward, recover to left
3&4 Step right back, step left together, step right forward
5 - 6 Step left forward, turn ½ right (*weight to right*)
7 - 8 Step left forward, turn ½ right (*weight to right*)

CROSS, SIDE, SAILOR SHUFFLE, CROSS, SIDE, SAILOR SHUFFLE

- 1 - 2 Cross left over right, step right to side
3&4 Cross left behind right, rock right to side (*with ball of right foot*), step left slightly forward
5 - 6 Cross right over left, step left to side
7&8 Cross right behind left, rock left to side (*with ball of left foot*), step right slightly forward

CROSS, SIDE, BACK SHUFFLE, ROCK BACK, FULL TURN LEFT TURN FORWARD

- 1 - 2 Cross left over right, step right to side
3&4 Turn ¼ left and step left back, step right together, step left back
5 - 6 Rock right back, recover to left

Allow body to turn slightly to right to prepare for upcoming turn as you rock back

- 7 - 8 Turn ½ left and step right back, turn ½ left and step left forward

This completes one full turn forward

SHUFFLE FORWARD, STEP, TURN ½, SHUFFLE FORWARD, STEP, TURN ½

- 1&2 Step right forward, step left together, step right forward
3-4 Step left forward, turn ½ right (*weight to right*)
5&6 Step left forward, step right together, step left forward
7-8 Step right forward, turn ½ left (*weight to left*)

REPEAT