



# Cowboy Up!

Description: 32 count, 4 wall, intermediate/advanced line dance  
Choreographed by: Shannon Finnegan  
Choreographed to: The Cowboy Way by Travis Tritt, Bury The Shovel by Clay Walker

## **RIGHT SCUFF, STEP BACK, TWIST & TURN ½ RIGHT, CROSS-BACK-RIGHT, CROSS-BACK-LEFT**

- 1-2 Kick/ scuff right foot forward and hitch right knee, point/ step back on right foot into 5<sup>th</sup> dance position
- 3&4 Weight on balls of feet, swivel heels and body ¼ turn to the left, return heels to center, swivel heels to the left turning ½ turn right (facing 6:00) (weight ending on left foot)
- 5&6 Cross right over left, step back on left, step right to right side
- 7&8 Cross left over right, step back on right, step left to left side

## **KICK-CROSS-POINT X 3, TWIST & TURN ¼ LEFT**

- 1&2 Kick right forward, cross right over left, point/ touch left toes to left side
- 3&4 Kick left forward, cross left over right, point/ touch right toes to right side
- 5&6 Kick right forward, cross right over left, point/ touch left toes to left side
- 7&8 On balls of both feet swivel heels and body to the right, return heels to center, swivel heels to the right turning ¼ turn left (facing original 3:00)

## **SHUFFLE FORWARD, STEP FORWARD, SPIRAL ¾, ROCK LEFT, WEAVE RIGHT (CROSS-STEP-CROSS)**

- 1&2 Step forward left, step right beside left, step forward left
- 3-4 Step forward on right, pivot ¾ turn to the left on ball of right foot (facing 6:00)

*During the pivot-turn, leave left foot in place ending with left foot crossed over right*

- 5-6 Rock left to left side, recover weight onto right
- 7&8 Cross left in front of right, step right to right side, cross left behind right



**JUMPING JACKS (OUT-IN-KICK-CROSS-OUT-IN-KICK-CROSS), JUMP (OUT-IN-OUT-IN & TURN) ¼ RIGHT, BACK & STOMP**

- 1&2&      Jump out, (feet shoulder width apart, weight on both feet), jump in (weight on right) hitching left knee, kick left forward, cross left over right
- 3&4&      Jump out, (feet shoulder width apart, weight on both feet), jump in (weight on right) hitching left knee, kick left forward, cross left over right
- 5&6&      Jump out, (feet shoulder width apart, weight on both feet), jump in, (feet together, weight on both feet), jump out, (feet shoulder width apart, weight on both feet), jump in turning ¼ turn right, (weight on both feet)
- 7&8        Jump back on right and touch left heel forward (heel jack), jump forward onto left, stomp right next to left, (weight ending on left)

*Option for counts &7&8: After the ¼ turn make sure weight is on right foot and hitch left knee, scoot/ bounce on right heel while kicking left foot forward, step down on left, stomp right beside left (ball-stomp), weight still on left*

**REPEAT**