



Big Girls Boogie

Choreographed by: Mavis Broom

Description: 32 count, 4 wall, beginner line dance

Music: Big Girl (You Are Beautiful) by Mika, Life In Cartoon Motion, Grace Kelly by Mika She Is Just Too Hot For Me by Sam Millar (97 bpm), CD: Most Awesome Linedancing Album Vol. 4 / 9 Hours 2 Nashville All Summer Long by Kid Rock (105 bpm), CD: Rock N Roll Jesus

Start dancing on lyrics

WALK TWICE, KICK-BALL CHANGE, WALK TWICE STEP ½ TURN LEFT

- 1–2 Walk forward right, left
- 3&4 Kick right forward, step ball of right beside left, step left in place
- 5–6 Walk forward right, left
- 7–8 Step forward right, ½ turn left

WALK TWICE, KICK-BALL CHANGE, WALK TWICE, ½ TURN LEFT

- 1–8 Repeat steps as above

HIP BUMPS FORWARD TWICE, HIP BUMPS BACK TWICE, HIP ROLL TWICE

- 1–2 Small step on to right, bump hips forward twice
- 3–4 Bump hips back twice
- 5–8 Roll hips to the right twice, (as if you had a hula hoop). Weight ends on left

STEP, POINT TWICE, SAILOR STEP, SAILOR ¼ TURN

- 1–2 Step right over left, (dip right knee) point left to left (optional shimmy)
- 3–4 Step left over right, (dip left knee) point right to right (optional shimmy)
- 5&6 Step right behind left, step left to left, step right in place
- 7&8 Turn ¼ left stepping left behind right, step right in place, step left next to right

REPEAT