



## Born To Rock

Description: Phrased, 4 wall, beginner/intermediate line dance  
Choreographed by: Leong Mei Ling  
Choreographed to: C'mon Everybody by Elvis Presley  
Sekvens: A, A, B, A, B, A, 16 count ending  
Start dancing on lyrics

### ***SECTION A***

#### WALK FORWARD WITH HAND SLAPS

- 1-4 Walk forward right, slap hands on hips, walk forward left, slap hands on upper thighs  
5-8 Repeat 1-4

#### SNAP FINGERS

- 1 Step right to side  
2-3 Snap fingers right (head level), hold  
4-5 Snap fingers left (head level), hold  
6-7 Snap fingers right (hip level), hold  
8 Snap fingers left, hip level

#### WALK BACK WITH HAND SLAPS

- 1-4 Step right back, slap upper thighs, step left back, slap upper thighs  
5-8 Repeat 1-4

#### CLAP HANDS

- 1 Step right to side  
2-3 Clap hands right (head level), hold  
4-5 Clap hands left (head level), hold  
6-7 Clap hands right (hip level), hold  
8 Clap hands left, hip level

#### TOE STRUT, BACK ROCK, TOE STRUT, BACK ROCK

- 1-4 Touch right to side, step right foot down; step left behind right, recover to right  
5-8 Touch left to side, step left foot down; step right behind left, recover to left

#### LONG STEP RIGHT, ¼ TURN RIGHT, HEEL BOUNCES

- 1-4 Big step to the right with right (2 counts), ¼ right turn step left to left, hold  
5-8 Bounce right heel to floor (twice), bounce left heel to floor (twice)

#### BACK ROCK, TOE HEEL CROSSES (3X), STEP

- 1-2 Rock right back, recover to left  
3-6 Touch right toe to left instep, touch right heel to floor, cross right over left; hold  
7-8 Touch left toe to right instep, touch left heel to floor  
1-2 Cross left over right; hold  
3-6 Touch right toe to left instep, touch right heel to floor, cross right over left; hold  
7-8 Step left together, hold  
Option: replace toe-heel with toe-kick

#### ELVIS KNEES

- 1-2 Turn right knee in towards left (left leg straight), hold (both arms at shoulder level, elbows bent, forearms up)

- 3-4 Turn left knee in (right leg straight), hold  
 5 Turn right knee in (left leg straight); (drop arms down to sides & snap fingers)  
 6-8 Hold



### TOE STRUTS IN PLACE

- 1-4 Touch right toe beside left, step right foot in place; touch left toe beside right, step left in place  
 5-8 (Repeat 1-4)

### **SECTION B**

#### JAZZ BOX

- 1-2 Cross right over left, hold  
 3-4 Step left back, hold  
 5-6 Step right to side, hold  
 7-8 Step left forward in front of right, hold  
 Option: jazz box can be done with toe struts

#### TWIST TO THE RIGHT

- 1 Step right to side  
 2-8 Twist hips right, left, right, left, right, left, right (finish with weight on right foot)  
 Or do free-style twist as long as your weight ends on the right on count 8

#### JAZZ BOX

- 1-2 Cross left over right, hold  
 3-4 Step right back, hold  
 5-6 Step left to side, hold  
 7-8 Step right forward in front of left foot, hold  
 Option: jazz box can be done with toe struts

#### FREEZE, TWIST LEFT

- 1-4 Step left to side, hold (freeze)  
 5-8 Twist hips right, left, right, left (finish with weight on left foot)

### **ENDING**

#### TOE STRUTS, MONTEREY TURN (2X8)

- 1-2-3-4 Touch right toe beside left, step right foot in place; touch left toe beside right, step left in place  
 5-6-7-8 Touch right to side, ½ right step right beside left; touch left to left, step left together  
 On the last count, strike an Elvis pose

*For the 9-16 and 25-32 of Part A, try to dance following the lyrics of the song. For example: During the 1st rotation of A, Elvis sings "Snap Your Fingers" and then later "Clap Your Hands". So do snap and clap when he says to. Also do hip bumps and head turns as follows:*

*Done on the 2nd rotation of Part A, counts 9-16*

#### HIP BUMPS

- 1 Step right to side  
 2-3 Bump hip right  
 4-5 Bump hip left  
 6-7 Bump hip right  
 8 Bump hip left



*Done on the 2nd rotation of Part A, counts 25-32*

FOOT STOMPS

- 1 Step right to side
- 2-3 Stomp left, recover to right
- 4-7 Repeat 2-3
- 8 Stomp left forward

*Done on the 3rd and last rotation of Part A, counts 9-16*

TURN HEAD LEFT

- 1-2 Cross right over left (look left)
- 3-4 Step left to left (look forward)
- 5-6 Cross right over left (look left)
- 7-8 Step left to left (look forward)

*Done on the 3rd and last rotation of Part A, counts 25-32*

TURN HEAD RIGHT

- 1-2 Step right to right (look right)
- 3-4 Cross left over right (look forward)
- 5-6 Step right to right (look right)
- 7-8 Cross left over right (look forward)

**REPEAT**